



Highland Family YMCA

Open Gym Schedule

7793 Central
Ave Highland
CA 92373
909-425-9622

| DAY... | Youth Open | Adult Open |
|-----------|--|------------|
| Monday | 3:00-6:00 | 6:00-9:30 |
| Tuesday | 3:00-5:00 | 8:00-9:30 |
| Wednesday | 3:00-5:00 | |
| Thursday | 3:00-5:00 | |
| Friday | 3:00-5:00 | 6:00-9:30 |
| Saturday | 8:00-6:00* *Available based on Basketball Schedule | |
| Sunday | 1:00-5:00 | |

Times subject to change