



Outdoor Pool Schedule Summer 2008

Effective May 24 - June 15

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
3:00 - 5:45 Open Swim	3:00 - 5:30 Open Swim	3:00 - 5:45 Open Swim	3:00 - 5:30 Open Swim	3:00 - 7:00 Open Swim	12:00 - 5:00 Open Swim	1:30-7:00 Open Swim
6:00 - 7:30 Swim Lessons	5:45-7:30 Swim Lessons	6:00 - 7:30 Swim Lessons	5:45-7:30 Swim Lessons			

Effective June 16 - September 1, 2008

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Swim Lessons 9:30 - 11:00	Swim Lessons 9:30 - 11:00	Swim Lessons 9:30 - 11:00	Swim Lessons 9:30 - 11:00	Lifeguard In-Service 9:00 - 11:00	Water Exercise 8:00 - 8:55	
Open Swim 11:00 - 5:45	Open Swim 11:00 - 2:00	Open Swim 11:00 - 2:00	Open Swim 11:00 - 2:00	Open Swim 11:00 - 2:00	Swim Lessons 9:00 - 11:00	
	Daycamp 2:00 - 3:00	Daycamp 2:00 - 3:00	Daycamp 2:00 - 3:00	Daycamp 2:00 - 3:00	Open Swim 11:00 - 5:00	
	Open Swim 3:00 - 5:30	Open Swim 3:00 - 5:45	Open Swim 3:00 - 5:30	Open Swim 3:00 - 7:00		
	Swim Lessons 5:45 - 7:30	Swim Lessons 6:00 - 7:30	Swim Lessons 5:45 - 7:30			

Questions, Comments or Suggestions call:
Heather Dennehy, Aquatics Director 798-9622 x212
hdennehy@ymcaeastvalley.org

Redlands Family YMCA 500 E. Citrus Ave Redlands, CA 92373 909-798-9622



Redlands Family YMCA Indoor Pool Schedule

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Effective through June 15, 2008

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
Lap Swim 5-7:55am	Lap Swim 5-6:15am	Lap Swim 5-7:55am	Lap Swim 5-6:15am	Lap Swim 5-7:55am				
	Water Exercise 6:15-7am		Water Exercise 6:15-7am					
	Lap Swim 7-8:25am		Lap Swim 7-8:25am					
Water Exercise 8-8:55am	Water Exercise 8:30-9:25am	Water Exercise 8-8:55am	Water Exercise 8:30-9:25am	Water Exercise 8-8:55am			Water Exercise 8-9am	
Water Exercise 9-9:55am	Adaptive Aquatics 9:30-10am	Water Exercise 9-9:55am	Adaptive Aquatics 9:30-10am	Water Exercise 9-9:55am			Swim Lessons 9-11am	
Swim Lessons/ Open Swim 10-11am	Swim Lessons/ Open Swim 10-11am	Swim Lessons/ Open Swim 10-11am	Swim Lessons/ Open Swim 10-11am	Open Swim 10-11am			Porpoise Club 11:00 - 12:00	
Water Exercise 11-11:55am	Senior Swim 11-12pm	Water Exercise 11-11:55am	Senior Swim 11-12pm	Water Exercise 11-11:55am			Water Exercise 12:05-1pm	
Lap Swim 12-2pm	Lap Swim 12-2pm	Lap Swim 12-2pm	Lap Swim 12-2pm	Lap Swim 12-2pm			Lap Swim 1:05-3pm	Lap Swim 1-3pm
Open Swim 2-4pm	Open Swim 2-3pm	Day Camp 2-3pm	Open Swim 2-3pm	Day Camp 2-3pm			Lap Swim & Open Swim 3-5pm	Lap Swim & Open Swim 3-6pm
	Swim Lessons 3:00-5:15pm	Open Swim 3:00 - 4:00	Swim Lessons 3:00-5:15pm	Open Swim 3:00 - 4:00				
Water Exercise 4-4:55pm		Water Exercise 4-4:55pm		Water Exercise 4-4:55pm				
Lap Swim 5-5:55pm	Lap Swim 5:20 - 6:15pm	Lap Swim 5-5:55pm	Lap Swim 5:20 - 6:15pm	Lap Swim 5-5:55pm				
Swim Lessons 6-7:30pm	Swim Lessons 6:20 - 7:30pm	Swim Lessons 6-7:30pm	Swim Lessons 6:20 - 7:30pm	Lap Swim &				
Open Swim 7:35-9pm	Water Exercise 7:35-8:45pm	Open Swim 7:35-9pm	Water Exercise 7:35-8:45pm	Open Swim 6-9pm				

** Please note during 10-11am swim lessons Monday - Thursday, open shares the pool with swim lessons. The shallow end is not available for open swim at this time.**

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